# Chapter 1

# Linear methods in R

# 1.1 Least Squares (LS) regression in R

### 1.1.1 Parameter estimation



Figure 1.1: Multiple regression with simulated data: regression of y on three x-variables

• Generation of the data

```
>set.seed(123)
>x <- matrix(runif(60), ncol = 3)
>y <- x %*% c(1, 2, 0) + 0.1 * rnorm(20)
>colnames(x) = paste("x", 1:3, sep = "")
>d = data.frame(x, y = y)
>plot(d)
```

• Model using only a constant term

```
> lm0<-lm(y~1, data = d)
> lm0
Call:
lm(formula = y ~ 1, data = d)
```

```
Coefficients:
(Intercept)
1.72
```

LS regression is computed by **lm()**. The estimated value of the intercept is  $\beta_0 = 1.72$ 

• Model with one explanatory variable

```
> lm1<-lm(y~x1, data = d)
> lm1
Call:
lm(formula = y ~ x1, data = d)
Coefficients:
(Intercept) x1
0.9157 1.4600
```

• Fit of a full model

```
> lm3<-lm(y~x1+x2+x3, data = d)
> lm3
Call:
lm(formula = y ~ x1 + x2 + x3, data = d)
Coefficients:
(Intercept) x1 x2 x3
0.09585 0.91834 1.99804 -0.08761
```

#### 1.1.2 Tests and confidence intervals

• Testing the coefficients for significance

```
> summary(1m3)
Call:
lm(formula = y ~ x1 + x2 + x3, data = d)
Residuals:
             1Q Median
                               30
   Min
                                        Max
-0.11566 -0.06133 -0.01260 0.06785 0.18004
Coefficients:
          Estimate Std. Error t value Pr(>|t|)
(Intercept) 0.09585 0.08200 1.169 0.260
x1 0.91834 0.06623 13.867 2.47e-10 ***
x1
                      0.08453 23.637 7.18e-14 ***
x2
            1.99804
           -0.08761 0.09060 -0.967
                                          0.348
xЗ
___
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 0.08621 on 16 degrees of freedom
Multiple R-squared: 0.9882,
                                   Adjusted R-squared:
                                                        0.986
F-statistic: 446.5 on 3 and 16 DF, p-value: 1.251e-15
```

- The t statistic of x1 and x2 is highly significant and the p-value of each variable is below 0.05. Therefore, both variables have a great impact on the explanation of

the regressor and the null hypothesis can be rejected. The regressor x3 provides no significant additional contribution.

- The model provides a good fit (R squared), 98.82% of the variance of y can be explained by the model. The value 98.6% of the adjusted R squared is very high as well.
- > qf(0.95, 3, 16)

[1] 3.238872

The value of the "F statistic" of 446.5 is larger than the F quantile  $F_{3,16;0.95} = 3.24$ , therefore the null hypothesis  $\beta_i = 0, \forall i = 1, ..., p$  can be rejected. This could also be concluded by the *p*-value that is close to 0.

- The test statistic from above can be used for the calculation of a confidence interval for  $\hat{\beta}_j$ . From the approximation of the 95% confidence interval, we obtain for  $\hat{\beta}_1$  the interval

 $0.91834 \pm 2 * 0.06623 = [0.78, 1.06]$ 

and for  $\hat{\beta}_3$ 

 $-0.08761 \pm 2 * 0.09060 = [-0.27, 0.09]$ 

The interval for  $\hat{\beta}_1$  does not include zero, and thus the null hypothesis can be rejected at a 95% level. The interval for  $\hat{\beta}_3$  includes zero, which confirms the acceptance of the null hypothesis due to a *p*-value of 0.348.

## **1.2** Variable selection in R

#### **1.2.1** Model comparison with anova()

An F-test is computed for every additional explanatory variable, starting with the empty model and following the order of the formula. Regressor x3 does not improve the fit of the model and can be left out.

```
> lm2<-lm(y~x1+x2, data=d)
> anova(lm0, lm1, lm2, lm3)
Analysis of Variance Table
Model 1: y ~ 1
Model 2: y ~ x1
Model 3: y ~ x1 + x2
Model 4: y ~ x1 + x2 + x3
Res.Df RSS Df Sum of Sq F Pr(>F)
```

```
1 19 10.0751

2 18 6.0951 1 3.9799 535.4639 9.991e-14 ***

3 17 0.1259 1 5.9693 803.1073 4.199e-15 ***

4 16 0.1189 1 0.0070 0.9351 0.3479

---

Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Here several nested models are compared in the specified order. This allows simultaneous testing of the significance of more than one parameter. Here, again, model lm3 does not improve the fit.

### 1.2.2 Body fat data

• Scanning of the data and explanation of the variables

```
> library("UsingR")
> data(fat)
> attach(fat)
> fat$body.fat[fat$body.fat == 0] <- NA
# exclude observations that are not used for the analysis
> fat <- fat[, -cbind(1, 3, 4, 9)]
# exclude a sample with wrong body height
> fat <- fat[-42, ]
# transform the body height in centimeter
> fat[, 4] <- fat[, 4] * 2.54</pre>
```

The data set "fat" consists of 15 physical measurements of 251 men. The data can be found in the library(UsingR).

- body.fat: percentage of body-fat calculated by Brozek's equation
- age: age in years
- weight: weight (in pounds)
- height: height (in inches)
- BMI: adiposity index
- neck: neck circumference (cm)
- chest: chest circumference (cm)
- abdomen: abdomen circumference (cm)
- hip: hip circumference (cm)
- thigh: thigh circumference (cm)
- **knee**: knee circumference (cm)
- ankle: ankle circumference (cm)
- bicep: extended biceps circumference (cm)
- forearm: forearm circumference (cm)
- wrist: wrist circumference (cm)

To measure the percentage of body-fat in the body, an extensive (and expensive) underwater technique has to be performed. The goal here is to establish a model which allows the prediction of the percentage of body-fat with easily measurable and collectible variables in order to avoid the underwater procedure. Nowadays, a new, very effortless method called bio-impedance analysis provides a reliable method to determine the body-fat percentage.

#### 1.2.3 Full model

```
> model.lm<-lm(body.fat~., data = fat)</pre>
> summary(model.lm)
Call·
lm(formula = body.fat ~ ., data = fat)
Residuals:
    Min
              1Q
                   Median
                                ЗQ
                                        Max
-10.1062 -2.6605 -0.2011
                            2.8920
                                     9.2619
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) -44.91075 36.67739 -1.224 0.22200
                        0.03004
             0.05740
                                  1.911 0.05725
age
weight
            -0.16239
                        0.10076
                                -1.612
                                         0.10838
             0.17192
                        0.20001
                                  0.860 0.39089
height
             0.75340
                        0.73339
                                  1.027
                                        0.30534
BMT
             -0.42594
                        0.21857
                                 -1.949
                                         0.05251
neck
                                 -0.603 0.54740
chest
            -0.05969
                        0.09907
                        0.08569 10.168 < 2e-16 ***
abdomen
             0.87126
hip
             -0.22543
                        0.13796
                                 -1.634
                                         0.10359
             0.21780
                        0.13660
                                  1.594 0.11220
thigh
knee
             -0.01257
                        0.22965
                                 -0.055 0.95639
ankle
             0.12398
                        0.20837
                                  0.595
                                        0.55243
                        0.16000
             0.16357
                                  1.022 0.30769
bicep
             0.39166
                         0.18627
                                  2.103 0.03656 *
forearm
wrist
             -1.49585
                        0.49586
                                 -3.017 0.00284 **
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 3.988 on 235 degrees of freedom
  (1 observation deleted due to missingness)
                                   Adjusted R-squared: 0.7279
Multiple R-squared: 0.7432,
F-statistic: 48.58 on 14 and 235 DF, p-value: < 2.2e-16
```

The coefficients age, neck, abdomen, forearm and wrist have very large *t*-values and very small *p*-values, therefore the null hypothesis  $\beta_i = 0$  should be rejected. Due to the very small *p*-value of the F-statistic, the null hypothesis  $\beta_i = 0$ ,  $\forall i = 1, \ldots, p$  should be rejected as well. With an R squared = 0.7432 we can assume that the model provides a good fit.

#### **1.2.4** Best subset regression with Leaps and Bound algorithm

```
> librarv(leaps)
> lm.regsubset<-regsubsets(body.fat~., data=fat, nbest = 1, nvmax = 8)
> summary(lm.regsubset)
Subset selection object
Call: regsubsets.formula(body.fat ~ ., data = fat, nbest = 1, nvmax = 8)
14 Variables (and intercept)
        Forced in Forced out
            FALSE
                       FALSE
age
            FALSE
                       FALSE
weight
height
            FALSE
                       FALSE
BMI
            FALSE
                       FALSE
neck
            FALSE
                       FALSE
            FALSE
                       FALSE
chest
abdomen
            FALSE
                       FALSE
            FALSE
                       FALSE
hip
            FALSE
                       FALSE
thigh
            FALSE
                       FALSE
knee
ankle
                       FALSE
            FALSE
bicep
            FALSE
                       FALSE
forearm
            FALSE
                       FALSE
```

```
FALSE
wrist
                        FALSE
1 subsets of each size up to 8
Selection Algorithm: exhaustive
         age weight height BMI neck chest abdomen hip thigh knee ankle bicep
              . .
                                                      . .
                                       "*"
                                                          . .
                     н н
                             . .
                                                                             н
1
   (1)
  (1)""*"
                     . .
                             . . . .
                                       . . .
                                                             ...
                                                                   ...
                                                                               ...
                                              "*"
                                                                       ...
                                                                        ...
2
                             . . . .
         " " "*"
                     . .
                                       . .
                                              "*"
                                                      . . . .
                                                                   ...
                                                                       . .
                                                                             . .
3
   (1)
                                                                 п
              "*"
                      . .
                               п
                                 ...
                                   п
                                       . .
                                              "*"
4
   (1
       )
              "*"
                      п п
                               ...
                                 "*"
                                       "*"
5
   (1
              "*"
                      п п
                                  "*"
                                       ...
                                              "*"
6
   (1
       )
                      . .
                                 "*"
                                       7
   (
     1
       )
          11 + 11
              "*"
                                              "*"
         "*" "*"
                     . .
                             II II II 🗤 II
                                       . .
                                              "*"
                                                                       ...
8
       )
   (1
          forearm wrist
1
   (1
       )
         . .
          . .
2
   (1)
          . .
                  "*"
3
   (1
       )
4
     1
       )
          "*"
                  "*"
          "*"
                  "*"
5
   (1)
         "*"
                  "*"
6
  (1)
         "*"
7
   (1)
                  "*"
8
   (1)
          "*"
                  "*"
```

**regsubsets()** in **library(leaps)** provides the "best" model for different sizes of subsets. Here only one "best" model per subset size was considered. The ranking of the models is done using the BIC measure.

```
> lm.regsubset2<-regsubsets(body.fat~., data=fat, nbest = 2, nvmax = 8)
> plot(lm.regsubset2)
```



Figure 1.2: Model selection with leaps()

This plot shows the two best, by **regsubsets()** computed models with 1-8 regressors each. The BIC, coded in grey scale, does not improve after the fifth stage (starting from the bottom, see Figure 1.2). The optimal model can then be chosen from the models with "saturated" grey, and preferable that model is taken with the smallest number of variables.

#### 1.2.5 Stepwise selection - automatic model search

• Stepwise selection with drop1()

```
> drop1(model.lm, test="F")
Single term deletions
Model:
body.fat ~ age + weight + height + BMI + neck + chest + abdomen +
    hip + thigh + knee + ankle + bicep + forearm + wrist
        Df Sum of Sq
                      RSS
                             AIC F value
                                              Pr(>F)
<none>
                    3738.3 706.23
               58.08 3796.4 708.09
                                     3.6511 0.057249 .
age
               41.32 3779.6 706.98
                                     2.5974
                                            0.108379
weight
         1
height
         1
              11.75 3750.0 705.02
                                     0.7389 0.390892
BMI
         1
              16.79 3755.1 705.35
                                     1.0553 0.305339
               60.41 3798.7 708.24
                                     3.7978 0.052509
neck
         1
chest
         1
               5.78 3744.1 704.62
                                     0.3630 0.547401
abdomen 1
            1644.60 5382.9 795.38 103.3844 < 2.2e-16 ***
         1
              42.47 3780.8 707.06
                                     2.6700 0.103595
hip
               40.44 3778.7 706.92
thigh
         1
                                     2.5419
                                            0.112202
               0.05 3738.3 704.23
                                     0.0030 0.956395
knee
         1
ankle
         1
               5.63 3743.9 704.61
                                     0.3540 0.552429
bicep
         1
               16.62 3754.9 705.34
                                     1.0451
                                            0.307694
               70.33 3808.6 708.89
                                     4.4213 0.036558 *
forearm
        1
              144.76 3883.1 713.73
                                     9.1002 0.002837 **
wrist
         1
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
> summary(update(model.lm,.~.-knee))
Call:
lm(formula = body.fat ~ age + weight + height + BMI + neck +
    chest + abdomen + hip + thigh + ankle + bicep + forearm +
    wrist, data = fat)
Residuals:
    Min
               1Q
                   Median
                                 ЗQ
                                         Max
-10.0922 -2.6545 -0.1914
                             2.9011
                                      9.2520
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) -45.01721 36.54833 -1.232 0.21928
             0.05699
                        0.02907
age
                                  1.961
                                         0.05107
weight
             -0.16288
                         0.10014
                                  -1.627
                                          0.10516
height
             0.17148
                        0.19942
                                  0.860 0.39072
             0.75481
                                  1.032 0.30312
BMI
                        0.73139
             -0.42464
                        0.21682
                                  -1.959
                                          0.05135
neck
             -0.05961
                        0.09885
                                  -0.603 0.54704
chest
                        0.08551
abdomen
             0.87123
                                 10.189 < 2e-16 ***
hip
             -0.22594
                        0.13735
                                  -1.645
                                          0.10132
             0.21554
                        0.12999
thigh
                                  1,658 0,09862
ankle
             0.12186
                         0.20432
                                  0.596 0.55147
bicep
             0.16398
                         0.15949
                                   1.028
                                          0.30491
             0.39080
                        0.18520
                                         0.03590 *
forearm
                                   2.110
wrist
             -1.49797
                         0.49329
                                 -3.037 0.00266 **
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 3.98 on 236 degrees of freedom
  (1 observation deleted due to missingness)
Multiple R-squared: 0.7432,
                                   Adjusted R-squared: 0.7291
F-statistic: 52.54 on 13 and 236 DF, p-value: < 2.2e-16
```

Elimination of the least significant variable, in this case **knee** is excluded from the model. The R squared (and adjusted R squared) do not change, the fit remains the same.

• Automatic model search with step()

```
>model.lmstep<-step(model.lm)
Start: AIC=706.23
body.fat ~ age + weight + height + BMI + neck + chest + abdomen +</pre>
```

```
hip + thigh + knee + ankle + bicep + forearm + wrist
          Df Sum of Sq
                         RSS
                                AIC
              0.04766 3738.3
- knee
                              704.2
          1
- ankle
          1
                 5.6 3743.9
                              704.6
- chest
                  5.8 3744.1
                              704.6
          1
- height
                 11.8 3750.0
                              705.0
          1
- bicep
          1
                 16.6 3754.9 705.3
- BMI
                16.8 3755.1 705.4
          1
                      3738.3 706.2
<none>
- thigh
          1
                 40.4 3778.7
                              706.9
- weight
                 41.3 3779.6 707.0
          1
- hip
                 42.5 3780.8 707.1
          1
- age
          1
                 58.1 3796.4
                              708.1
- neck
          1
                 60.4 3798.7
                              708.2
                 70.3 3808.6 708.9
- forearm 1
- wrist
          1
                144.8 3883.1
                              713.7
- abdomen 1
               1644.6 5382.9 795.4
Step: AIC=704.23
body.fat ~ age + weight + height + BMI + neck + chest + abdomen +
    hip + thigh + ankle + bicep + forearm + wrist
          Df Sum of Sq
                         RSS
                                AIC
              5.6 3744.0 702.6
- ankle
          1
- chest
                  5.8 3744.1 702.6
          1
- height
                 11.7 3750.1
          1
                              703.0
- bicep
                 16.7 3755.1
                              703.4
          1
                16.9 3755.2 703.4
- BMT
          1
<none>
                      3738.3
                              704.2
                41.9 3780.3 705.0
- weight
          1
- hip
          1
                 42.9 3781.2 705.1
- thigh
                 43.6 3781.9
                              705.1
          1
- neck
                 60.8 3799.1 706.3
          1
- age
          1
                 60.9 3799.3 706.3
- forearm
          1
                 70.5 3808.9
                              706.9
                146.1 3884.4 711.8
- wrist
          1
- abdomen 1
               1644.6 5382.9 793.4
Step: AIC=697.41
body.fat ~ age + weight + neck + abdomen + hip + thigh + forearm +
    wrist
         Df Sum of Sq
                        RSS
                                AIC
                      3786.2
                              697.4
<none>
                 37.4 3823.6 697.9
- hip
          1
- age
                59.3 3845.5 699.3
          1
                 61.2 3847.4 699.4
- neck
          1
- weight
                 74.7 3860.9 700.3
          1
- thigh
                 77.5 3863.7 700.5
          1
                114.0 3900.2 702.8
- forearm 1
- wrist
          1
                135.8 3922.1
                              704.2
- abdomen 1
               2712.5 6498.7 830.5
Call:
lm(formula = body.fat ~ age + weight + neck + abdomen + hip +
 thigh + forearm + wrist, data = fat)
Coefficients:
(Intercept)
                              weight
                                             neck
                                                       abdomen
                                                                       hip
                    age
  -18.46826
                0.05577
                            -0.08081
                                         -0.41183
                                                       0.87775
                                                                  -0.20063
      thigh
                forearm
                               wrist
    0.26719
                 0.46567
                            -1.39341
```

step() calls add1() and drop1() as long as the AIC cannot be reduced further.

• Comparison of the models with anova()

```
> anova(model.lm, model.lm1,model.lmstep)
Analysis of Variance Table
Model 1: body.fat ~ age + weight + height + BMI + neck + chest + abdomen +
   hip + thigh + knee + ankle + bicep + forearm + wrist
Model 2: body.fat ~ age + weight + height + BMI + neck + chest + abdomen +
   hip + thigh + ankle + bicep + forearm + wrist
Model 3: body.fat ~ age + weight + neck + abdomen + hip + thigh + forearm +
    wrist
  Res.Df
           RSS Df Sum of Sq
                                 F Pr(>F)
1
    235 3738.3
                     -0.048 0.0030 0.9564
2
     236 3738.3 -1
    241 3786.2 -5
3
                    -47.861 0.6017 0.6987
```

By using the smaller model model. Imstep no essential information is lost, therefore it can be used for the prediction instead of model. Im.